



# Teasing Happens: How to make friends



## Tips for Developing Friends

Making friends can sometimes mean taking a risk, but the rewards can be very great. You need to be around people to make friends. Find an activity that you enjoy or an interest you have and do that, so that the people you meet already have a shared interest or experience on which to build a friendship. Joining groups is a great way to help begin friendships.

1. Pay attention to your friend. Listen well.
2. Be truly interested in others.
3. Compliment others.
4. Empathize with others.
5. Treat your friends as equals.
6. Focus on your friend's good qualities.
7. Be loyal and trustworthy.
8. Share your feelings.
9. Be flexible — friend may need to cancel something for a good reason, don't get angry.
10. Learn how to compromise.
11. Take turns deciding on what to do and take turns being first.
12. Learn to laugh and have fun with others.
13. Learn how to invite others into your group.
14. Be there in difficult situations for your friend.



## Things to Think About to Make and Keep Friends



1. Don't take over conversations.
2. Don't make fun of others.
3. Don't constantly complain.
4. Don't be a manipulator; never use pity, lying, or pressure to control your friends.
5. Don't neglect your friends and then use them only when you need them.
6. Maintain regular contact, even it's only email or a short phone message.



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